MINI BULLETIN – 08 December 2022

PATIENTS TO CARRY OUT HEALTH CHECK IN OWN HOME

A trial aiming to make it easier and more convenient for patients to carry out important health checks and reduce pressure on GPs has been launched in Cornwall.

The [trial](https://emea01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fpcc-cic.us5.list-manage.com%2Ftrack%2Fclick%3Fu%3Dfe51aa41404cfb64f7d454491%26id%3D3b3d491c54%26e%3D9be2819f9a&data=05%7C01%7C%7Ce11918b7ce5549a309e108dad90d763d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638060949078531492%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=q00HKfaNpEKzTWojydObKWbH1rnp8z0AT8d6PSIv8%2B4%3D&reserved=0) – which is the first of its kind in England and part of the Government’s plans to digitalise the existing NHS Health Check – will see patients complete an online questionnaire, use a kit to take a blood sample at home, and complete a blood pressure check at their local Pharmacy or in their GP’s waiting room.